

Milford High School  
100 West Street – Milford, NH 03055  
673-4201 Athletics – Ext. 3227

Home site for: Varsity Girls and Boys Soccer, Volleyball, Football, Basketball, Track & Field, Wrestling, and Lacrosse.

**Directions from the West**

- Take 101 East to Milford (101A)
- Go past Sal's Pizza
- At next stop light, take right onto West Street
- Milford High School is on your left.

**Directions from the North**

- 293 South to Rt. 101 West (Bedford exit) – Macy's is on your right,
- Follow about 1 mile to stop lights,
- Left at light onto Rt. 101 West,
- Stay on 101 West for 15 minutes,
- Take Rt. 13 exit (Milford, Brookline exit),
- At stop sign, take right,
- Take immediate left onto Union Street,
- At first stop sign, take left onto Osgood Road,
- On Osgood Road, you'll pass Milford Middle School,
- Take first right onto West Street,
- Milford High School is on your right.

**Directions from the East**

- 101 West to Milford Town line,
- Take Rt. 13 exit (Milford-Brookline),
- At stop sign, take right,
- Take immediate left onto Union Street,
- At first stop sign, take left onto Osgood Road,
- On Osgood Road, you'll pass Milford Middle School,
- Take first right onto West Street,
- Milford High School in on your right.

**Directions from the South**

- Go North on Everett Turnpike (Rt. 3),
- Take exit 8 onto 101A West,
- Stay on 101A West to Milford,
- Go past Shaw's Supermarket,
- Follow to stop sign on downtown Oval,
- Go around oval staying under 101A West sign,
- Continue on 101A West,
- Take next left onto West Street (X-tra Mart on your left),

- Follow on West Street
- Milford High School is on your left.

**Directions to North River Road field** (home site for JV boys and girls soccer)

- From Milford High School:
- Continue down hill on West Street
- Take right at stop light onto Elm Street (101A),
- Follow to Oval (downtown rotary),
- Follow sign for Rt. 13 North by going left around the Oval,
- You'll pass Rite Aid Pharmacy,
- Go about ½ mile to a fork in the road,
- Stay to the left and you are now on North River Road,
- Soccer field is on the left at the MCAA Complex.

**Directions to Keyes Field - 45 Elm Street** - (home site for baseball, softball and tennis)

- 101 West to 101A Exit – sign will read Milford/Nashua
- Go left at bottom of ramp,
- You'll pass Shaws Supermarket on your right,
- Continue on 101A West to a stop sign at the Oval (rotary),
- Go around the Oval staying on Rt. 101A West,
- You'll pass Foodee's on your right,
- You'll pass Bales & Jacques Schools on your right,
- About 500 feet further, be looking for two granite pillars on your right marked Keyes Park,
- Take right and follow to the bottom of the hill.

**Directions to Jacques Field – 9 Elm Street** - (Home site for field hockey)

- Refer to above directions,
- You'll pass Foodee's on your right,
- Look for an outdoor display sign on the school's front lawn,
- The field hockey field is located behind the school (not visible from the street).

**Directions to Hampshire Hills - 50 Emerson Road** - (Home site for swimming)

- From all directions get to Milford – Route 101
- Going East from 101 take Brookline/Fitchburg exit. Take a left at the end of the ramp and then your first left at the traffic light onto Emerson Road, Hampshire Hills in on the right.
- Going West from Wilton/Keene take Brookline/Fitchburg exit. Take a right at the end of the ramp and the your first left a t the traffic light onto Emerson Road. Hampshire Hills is on the right.

**Adams Field - 105 Osgood Road**

**Kaley Park – 448 Nashua Street**