

Milford High School

TEAM CHAMPIONS:

- BASEBALL: 1976
- BOYS BASKETBALL: 1972, 1975, 2010, 2011
- GIRLS BASKETBALL: 1976, 1978, 1979
- FOOTBALL: 1976, 1977, 1978, 1979, 1984, 2003
- GOLF: 1988
- GYMNASTICS: 1983, 1984, 1985, 1986
- GIRLS INDOOR TRACK: 2009
- BOYS SKIING: 1970, 1982, 1985, 1986, 1987, 1988, 1990
- GIRLS SKIING: 1973, 1974, 1979, 1980, 1981, 1982, 1983, 1984, 1985, 1986, 1987, 1988, 1989, 1990
- GIRLS SOCCER: 1988
- SOFTBALL: 1977, 2006
- FALL SPIRIT: 2006
- BOYS SWIMMING AND DIVING: 2002
- BOYS TENNIS: 1967, 1980, 1981, 1982
- GIRLS TENNIS: 1986, 1988
- BOYS TRACK & FIELD: 2011
- VOLLEYBALL: 2001, 2002
- WRESTLING: 1999, 2000